

Thursday night track results for August 9, 2007



We had great weather and great racing so let me get to the stories and results. Thanks again to Joe Fineman for rounding up the Clif Bar and Peets. Thanks also to Joe and Alden Tanaka for helping flip cards and pick riders last night.

Last night we had 5 women and juniors so we did not break up the C group. I'd like to see the women and juniors race separately so please talk amongst yourselves and pick a date to come out en force. We will be points racing August 16, 23 (sprints ever 10 laps) and then again September 6, 13, 20 and 27 (sprints every 5 laps). As always at the Hellyer Track juniors race for free!

Miscellany- 1) the warm-up paelines looked good! Thanks for organizing those. 2) not that anyone asked me but I always found it helpful to have a goal with the workout before stepping onto the track. For instance, if one is having a tough time finishing the race strong then not going gonzo on the first few sprints might be the ticket. Follow wheels at the beginning of the race and heap the benefits of drafting. That sort of stuff.

C Group Results- 15 starters, 60 laps in 31:17 for a screaming 23.9mph average

Highlights- fellow USAC official Steven Mielich (SJBC) dominated this race, taking 5 sprints and a lap. Behind him we had an exciting race with seven riders swapping out sprint points.

1st - 48 points- Steven Mielich (SJBC) - 5 victories and a lap

2nd - 10 points- Tom Luttrell (Zteam)

3rd- 9 points- Jen Coler (Trumer Pils)- 1 victory

4th - 7 points- Rob Weinstock (ICCC)

Also- Vance Sprock (LGBRC), Clare Sprock (LGBRC), Bill Fallis (Pen Velo), Taylor Layton (Roaring Mouse), Ron Clementi (unattached), Anna Erickson (UCSB Cyclng), Sabine Dukes (Velobella-Kona), Jonathan Racine (SJBC), Sam Shaffer (unattached), Julie Nevitt (SJBC, Neil Bliss (Alto Velo),

B Group Results- 14 starters, 70 laps in 34.36 for a quick 25.5mph average

Highlights- This was the race of the night. What an exciting race to watch. Mark Patten (VOS) took the first 4 sprints but then got little help when Brian Percival

(Stanford), Bob Parker (Alto Velo) and David Anthony (EMC2) broke away in the 2nd half of the race and eventually lapped the field.

1st - 33 points- Brian Percival (Stanford) - 1 victory and a lap

2nd - 32 points- Bob Parker (Alto Velo)- 1 victory and a lap

3rd- 31 points- David Anthony (EMC)- 1 victory and a lap

4th - 20 points- Mark Patten (VOS)- 4 victories

5th - 12 points- Joel Shaffer (AMD-Discovery Channel Juniors)

6th - 5 points- Ken Sato (Santa Cruz)

7th - 3 points- David Allbut (Team Bicycle Business)

8th- 2 points- Dan Adkins (Metromint)

Also- David Puglia (LGBRC), Paul Debacker (Alto Velo), Chris Lollini (Roaring Mouse), Randy Armstrong (unattached), Nole Studley (Roaring Mouse), Mike Flynn (SJBC)

A Group Results- 10 starters, 100 laps in 46 minutes is a 27.2 mile per hour average

Highlights- Motor pacing with local professional and NRC points chaser ben Jacques Maynes! Fun to watch, for sure! Painful for the riders, you bet!

1st - 101 points- Ben Jacques-Maynes (Priority Health)- 9 sprints and 3 laps

2nd - 25 points- Andy-Jesse Mendonca (RH Villa)- 1 victory

3rd - 17 points- Michael Hernandez (Safeway)

4th - -15 points- Keith Miller (Giant Strawberry)

Also- Andrew Nevitt (Safeway), Eliot Logan (Alto Velo), Devon Vigus (Giant Strawberry), Giovanni Rey (BPG), George Meilahn (ICCC), and our NCVA President John Simmons (Shaw's)

See you next week! Larry Nolan, AMD-Discovery Channel Masters Cycling Team