

## **SPRINT SUNDAY 3/4/07**

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On a very nice (can you say warm for a March day) Sunday morning we had a sprint semi-tournament. It was a semi-tournament because after everyone did a flying 200m for seeding, we broke into groups of six based on those 200m times so that everyone would be sprinting against riders their own speed. Because of that format, we really didn't have an overall winner, but there was some really good sprinting for this early in the season.

After the Match Sprints, those who were so inclined did 500m TT's, followed by several Team Sprints. Results are below.

With construction at the track starting on Monday, 3/5, this may be the last racing at Hellyer until June. Even if the track is open on the weekends for the next several months, this was the end on an era in terms of the present physical facility, so the sprinting was a great way to to say goodbye.

As an even better farewell was the sight of almost 30 young juniors on the track after the sprint racing ended. A good portent for the future of of Hellyer.

### **200 Meter TT Results**

<b>NAME</b>	<b>200m TIME</b>
Geisert, Warren	12.3
Haraguchi, Dean	12.4
Swanson, Jon	12.52
Rey, Giovanni	12.54
Elgart, Matias	12.58
Hatfield, Shawn	12.59
Millar, Alex	12.62
Rodmaker, Mark	12.66
Gagnon, Patrice	12.89
Hammond, Andrew	12.89

Jensen, Rob	12.92
Sandoval, Mario	12.95
Johnson, Carlos	13.02
Simmons, John	13.07
Mouton, Alex	13.07
Carter, Stephen	13.12
Hawkins, Ben	13.19
Spencer, Connor	13.33
Rabbin, Keith	13.34
Stallman, David	13.56
O'Dell, Mike	13.68
Stark, Buffie	13.7
Studley, Nole	13.81
Lucero, Gabriel	13.82
Layton, Tyler	13.82
Muck, Brian	13.82
Holland, Annabell	14.25
Neely, Justin	14.25

### 500 Meter TT Results

<b>NAME</b>	<b>500m TIME</b>
Haraguchi, Dean	36.65
Rey, Giovanni	36.94
Elgart, Matias	37.42
Millar, Alex	38.18
Geisert, Warren	38.25
Swanson, Jon	38.26
Hammond, Andrew	39.76
Layton, Tyler	41.27
Stark, Buffie	41.46
Simmons, John	41.63
Gagnon, Patrice	41.85
Studley, Nole	42.27

Stallman, David	42.36
Spencer, Connor	42.8

### **Team Sprint**

<b>TEAM</b>	<b>SPLITS</b>	<b>FINAL TIME</b>
Rey-Elgart-Sandoval	25.82 22.52 23.65	01:11.99
Rabbin-Swanson-Harguchi	27.57 24.21 24.28	01:16.06
Millar-Giessert-Rodamaker	26.8 24.26 25.77	01:16.83
Gagnon-Hammond-Stallman	28.87 23.94 27.24	01:20.05